

Find you or your student/child repeating challenges ? Want a different outcome?

Let FWCS support you in reaching for what you want!



Feeling Whole Counseling Services

1443 W Schaumburg Rd. Ste 110, Schaumburg, IL 60194

Phone 847-524-2110 Web site: www.fwcservices.com

Feeling Whole Counseling Services is dedicated to supporting families, students, parents and schools in the achievement of the best academic experience. Education is the base from which we reach for all of our goals and dreams in life. Our mission is to provide you and your student with the additional strategies and skills to achieve your best success in school; whether it is conquering anxiety and anger, concentration and focus challenges, relationship or friendship frustrations, self confidence or career guidance, or even becoming a better student or parent. Let FWCS guide you through the journey of achieving the life you and your child aspire! **Are you ready for a new perspective?**

Academic Support Services:

- Individual, family, couples therapy.
- ADHD/ADD/Autism: natural interventions, behavior strategies and education, IEP support for benefit of the family, school and student; parental strengthening, and PLAY ATTENTION Learning System (retraining the brain for optimal focus and concentration).
- Anger and Anxiety: natural interventions and protocols, strategies for calming anger or overcoming school anxiety while boosting self confidence and social skills.
- Adolescent changes can require an adjustment in parenting, boost your skills for healthier relationships. Adolescent Parenting Mantra: Don't take anything personally!
- Community service involvement: the gift of receiving by giving back to our neighborhood and larger community.

Speak, Be and Live all that you want!

Staff:

Gay Russell, LCSW, Type 73: Gay has decades of experience working with schools and behavior challenges, parents and students. Her goal is to

help you and your child maintain or reclaim a relationship of respect, appreciation, and enjoyment. She is a certified PLAY ATTENTION provider. Check out her student's success story under the families icon at www.playattention.com.

Jan Ruzich, LPC: Jan works with children and adults who are experiencing something they no longer can handle in their life. She has a passion for young people and promoting their feelings of importance.

Tajwar Razuddin, LCPC: Tajwar's certifications in domestic violence and mental health are assets to FWCS. Along with being fluent in English, Urdu, and Hindi, she mentors her clients and families striving to improve daily functioning and quality of life.

Joy Roque: Joy is the pleasant voice who will assess your insurance eligibility for you and remind you of appointments.

Most Insurances Accepted.

Don't Delay that inner voice...CALL TODAY: 847-524-2110

Check us out online at www.fwcservices.com



Testimonials:

"Wow. My daughter's MAP scores went up 32 and 24 points after completing the Play Attention program with you, Thank you for helping her see academic success!" (Parent)

"He is a completely different kid...so grown up and I am so proud of him!" (Parent)

"What an inspirational story of determination, we are proud of her and the excitement in this home shines bright! Thank you for being there for us always". (Parent)

"He has shown great improvement in his interaction with others in my classroom. He has grown to appreciate and have faith in himself, which has allowed others to do so as well. You have made a great impact on him and he is better for it". (Teacher)